

Easter Bonnet competition

You're invited to create a fab-u-lous seasonal bonnet in time for Easter. Please submit photos of you wearing your bonnet to website@souldern.org by Sat.11th April. Winner will be announced via the village Whatsapp & Souldern.org.

If you're struggling....

We understand that life for more people than ever before may be worrying and financially insecure, particularly during the Covid-19 pandemic. But if you are struggling with a specific expense or the cost of basic food essentials then Souldern United Charity may be able to help by providing some financial support or organising a food pack from Wrightons for you. (Unfortunately we aren't able to assist with mortgage payments.)

Please **contact any of the SUC trustees** in confidence in the first instance (see below for names & numbers), you're not alone.



Community Allotment

All our new allotmenteers have now started on the Community Allotment. (Do they realise they're

growing fresh produce for us all?!) 🨉

Thanks to Carol, Bill, Gina & Alan for their support thus far. If you want to know more about the community allotment call **Carol on 345965.**

** Compost for sale from AE Prentice, at top of village. **Tel: 346800**

Souldern Quiz

Charles Hughes & Kim Curry have pulled together a quiz that will test the little grey cells of residents. A copy for each household is accompanying this newsletter.

Answers should be sent to Rob Large, Crown Cottage **by 19th April** or email roblarge@souldern.org.

NB: Don't use the internet for answers!!!! Winners and answers to be announced via Whatsapp & the website.

Community Support Group

Alan Smith, 07400 464401 Barbara McGarry 07889 444616 John Hoodless, 07785 391591 Kirsty Allpress, 07734 544001 Laura How, 07710 242002 Nick Oakhill, 07845 594099



Souldern United Charity

Carol Couzens, 07960 784094 Chris Rothero, 07891 445095 David Blunt, 07850 616822 Norma Jones, 07858 367616 Sue Medhurst, 07979 435961 Susan Jones, 07802 668434







The Souldern Shout-Out

Our Covid-19 Newsletter

Dear Villagers

8th April 2020

Despite the impact of Covid-19 on our lovely village, Souldern has pulled together like never before. There's a fantastic community spirit shining through and an extensive, village wide support network of neighbours and friends who have stepped in to help where needed. How impressive is the resourcefulness shown by everyone in our "new normal"?

The backup network is now established but hasn't needed to flex its muscles yet, mainly because of this willingness to step forward. Nevertheless, please don't hesitate to ask for assistance, it's there to help when required.

We're doing well on social distancing and staying at home - but <u>please keep</u> <u>it up and don't get complacent</u> as we may be about to experience things getting worse before they get better.

Souldern Community Support

Fight Covid-19

Superheroes at NHS Oxford in action https://youtu.be/5L0w6cgAT5g
First of our Souldern shout-outs goes to Souldern NHS staff— Alex, Jo, Lucy, Nikki, Rob, Tanya, plus all our other Souldern key workers. THANK YOU!





An Easter Treat!

Along with this newsletter each child and every household will receive a Easter egg from Souldern United Charity. It's been a strange, unsettling time for everyone and SUC felt it was definitely time for a chocolate treat.

(How could chocolate be anything but "essential"?!)

** But rest assured even these eggs have done their time in quarantine and are being delivered to homes by gloved volunteers!





Teddy Bear Hunt

A shout out to ask villagers to place their teddy bears (or your favourite soft toy) in a window that can be

seen from the road. Children (and their parents) can then try and spot them while out on a walk.

Watch out for those lively bears that like to roam around! Where will they pop up next?

St Marys Church at Easter

Unfortunately the church will not be open until further notice. Services and Easter reflections are being live streamed via email if you would like to receive them.

Some Easter activities for children and families to do at home are also available. Please contact:

barbara.a.mcgarry@gmail.com

God Bless

Isolation Bake Off

Our first round kicked off with a fiercely fought battle of Yorkshire puddings. Congratulations to <u>Sarah Abernethy</u> who was the winner from 10 entries, with this great dish! Pics of <u>all</u> the entries are on the Souldern website. Next challenge: Hot cross buns or an Easter cake. Send



your photos to David via **website@souldern.org** by 6pm Sat.11th April.

<u>Newspapers</u>

Smiths Newsagents of Banbury aren't able to take on new clients at the moment but they may be able to deliver papers in bulk to one address in Souldern.

If you're interested in having a paper delivered please contact **Charlie on 07756 938112** to chat through the options.

Funeral Grants

On a more sombre note please remember that Souldern United Charity offer a grant towards funeral expenses should someone with close connections to Souldern suffer a bereavement. Please apply in the first instance through any SUC trustee or via susan.jones@headlinersgroup.com or tel: 07802 668434. All enquiries will be handled discretely & confidentially.

Pharmacy Co-ordinators

If you are unable to collect your prescription or medication we have volunteers willing to help out. Please contact any of the people below for your pharmacy:

Bicester Rebecca (tel 07971 343885) or Michelle (07919 157768)

Banbury Kerry (tel 07921 082956) or Heidi (07740 150111) Deddington John (tel 07785 391591) or Joanna (07768 584102)

Brackley Nick (tel 07845 594099)

0

Telephone Buddies

During self isolation you may be missing friendly social contact or it may feel like you're losing touch with the outside world. A number of volunteers in the village are very willing to make a weekly call to anyone that wants to chat. **Just contact any community support group members** listed on page 4 to make yourself known.

This is probably one of the more difficult things to request, but please do not think twice as a friendly chat about absolute nonsense is better than no interaction at all.And we will be good at nonsense!!

Nash's Bakery visit

If we can't go to the bakery, then the bakery will come to us! Thanks to enterprising Kirsty we had a visit from Nash's bakery, who set up their open air shop in the village hall car park on Friday. To say it was a great success is an understatement, so Mark



will be back again this week, Good Friday, 10th April 10am to midday. *Queuing at a social distance please.* Parking on playing field (top entrance).

If you can't get out there are several villagers happy to get an order for you and bring it round, **call Kirsty on 07734 544001.**

The Fox Inn Takeaways - Thanks for your support!



Since closing the pub & restaurant The Fox is now running an evening takeaway service on Thursday, Friday & Saturdays. A regular takeaway menu & weekly specials are available for £10/meal, to be collected 5.30pm-8pm (see flyer for details).

Pre-order early for Fri/Sat, availability good on Thursdays and if those nights become fully booked then other times will be opened up.

NB: Please call Paul on 345284 if you need a home delivery or are interested in lunchtime orders (subject to numbers).

Wriggly Monkey beer to your doorstep

And just to complement a tasty takeaway check out your choices from **www.wrigglymonkeybrewery.com** If you're not on the internet call **07590 749062/01869 246599.** Free delivery to Souldern.



** Beer yeast (today's new gold) available FOC to any village bakers. Leave clean jar, with your name & number, on doorstep of Hill Cottage and Susan/Luke will let you know when it's ready. Thanks!